

KINESIOLOGY (KIN)

KIN 127 Foundations I (3 Credits)

Lecture: 3

Foundations I (3) Basic foundations in human performance, including historical development, philosophical implication, and issues related to movement. Three hours of lecture per week. Listed as PHED 1301 in the Texas Common Course Numbering System.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 211 Individual Sports & Activities (1 Credits)

Lecture: 0, **Lab:** 3

Individual/Dual Sports and Activities I (1) Theory, rules, and practice of archery, bowling, dance, weight training, and gymnastics/tumbling. Three hours of laboratory per week. MAJORS ONLY

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 212 Individual Sports/Activities II (1 Credits)

Lecture: 0, **Lab:** 3

Individual/Dual Sports and Activities II (1) Theory, rules, and practice of concentration and field, swimming, badminton, wrestling, tennis, golf, and cycling. Three hours of laboratory per week. MAJORS ONLY

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 233 Foundations II (3 Credits)

Lecture: 3

Foundations II (3) Continued study of the principles of human performance, including an overview of the status and scope of modern performance programs, activities for children of various ages, and assessment of skills. Three hours of lecture per week. Prerequisite: PE 127.

Prerequisite(s): KIN 127 or PE 127

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 235 Intro to Adapted Physical Ed (3 Credits)

Lecture: 3

Introduction to Adapted Physical Education (3) Study of the general organization of programs and exercises for the handicapped. Recreational sports, aquatic skills, and planning procedures included. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 300 Athletic Training Pract/Sem (3 Credits)

Lecture: 3

Athletic Training Practicum/Seminar I (3) Theories and techniques of athletic training and their applications to practical and on-field situations. Students also explore current issues that impact professional practices. Two hours of lecture and one hour of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 301 Athletic Training Pract II (2 Credits)

Lecture: 1, **Lab:** 1

Athletic Training Practicum II (3) Advanced theories and techniques of athletic training and their applications to practical and on-field situations. Students also explore current issues that impact professional practices. Two hours of lecture and one hour of laboratory per week.

Prerequisite(s): KIN 300 or PE 300

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 302 Phys Fitness Progs Elem & Sec (3 Credits)

Lecture: 2, **Lab:** 1

Physical Fitness Programs for Elementary and Secondary Schools (3) Study and practice of fitness activities and the effects of exercise upon systems of the body. Two hours of lecture and one hour of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 324 Advanced Swimming (2 Credits)

Lab: 2

Advanced Swimming (2) Completion of requirements for the Red Cross Water Safety Instructor's Certificate. Two hours of laboratory per week. Prerequisite: Current Red Cross Senior Life Saving Certificate.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 327 Advanced Gymnastics (2 Credits)

Lecture: 2

Advanced Gymnastics (2) Theory and practice in performing pyramid building, stunts, and apparatus activities. Two hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 331 Performance Practicum (3 Credits)

Lecture: 3

Performance Practicum (3) Techniques and theories of sports activities and their applications to practical situations. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 332 Coach & Office Acts Sec SCH (3 Credits)

Lecture: 3

Coaching and Officiating Sports Activities for Secondary Schools (3) Study of coaching strategies, techniques, and theories of selected sports activities in secondary schools. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 334 Sports & Entertainment Mgmt (3 Credits)

Lecture: 3

Coaching and Officiating of Baseball and Concentration (3) Study of theory, strategy, and mechanics of coaching baseball and concentration. Emphasis placed on designing coaching strategies. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 335 Admin Intramural Athletics (3 Credits)

Lecture: 3

Administration of Intramural Sports (3) Techniques for organizing, directing, and supervising intramural programs of sports activities. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 336 Org & Admin Phy Edu (3 Credits)

Lecture: 3

Organization and Administration of Physical Education (3) Emphasis on the organization and administration of physical education programs in elementary and secondary schools. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 337 Mov Skill Dev Elem - Pe Elem (3 Credits)

Lecture: 3

Movement Skill Development at the Elementary Level - (3) Te PE Program in the Elementary School Principles of and activities for movement education and sports related skills at the elementary school level. Tree hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 338 Prin & Tech Outdoor&Elis Acts (3 Credits)

Lecture: 2, **Lab:** 1

Principles and Techniques for Outdoor and Leisure Activities (3) Discussion of techniques and skills required for outdoor and leisure sports. Tree hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 339 Fundamentals Of Movement (3 Credits)

Lecture: 3

Advanced Techniques, Skills, and Rules for Sports Activities - (3) Fundamentals of Movement Techniques, skills, and rules of sports activities. Tree hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 370 Athletic Training I (3 Credits)

Lecture: 2, **Lab:** 1

Athletic Training I (3) Demonstration and management study of athletic injuries. Two hours of lecture and one hour of laboratory per week.

Athletic Training Majors Only

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 371 Advanced Athletic Training (3 Credits)

Lecture: 2, **Lab:** 1

Athletic Training II (3) Fundamental principles and methods for preliminary diagnosis of athletic injuries, including choice of initial treatment and rehabilitation procedures. Two hours of lecture and one hour of laboratory per week. Prerequisite: PE 370. Athletic Training Majors Only

Prerequisite(s): KIN 370 or PE 370

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 372 Therapeutic Exercise Modals (3 Credits)

Lecture: 3

Therapeutic Exercise Modalities (3) Study of the use, selection, and application of therapeutic modalities in the rehabilitation of athletic injuries. Tree hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 374 Sociology Of Sports (3 Credits)

Lecture: 3

Sociology of Sports (3) Sports and their impact on American society; social organization from play to professional sports; violence; discrimination; women in sports; socialization and implications from participation in sports. Tree hours of lecture per week.

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KIN 376 History in Sports Governance (3 Credits)

Lecture: 3

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 378 Ind Dev & Motor Learning (3 Credits)

Lecture: 2, **Lab:** 1

Individual Development and Motor Learning (3) Study of the nature of learning factors that affect motor learning and individual development at various skill levels. Two hours of lecture and one hour of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 379 Prog Event and Facility Mgmt (3 Credits)

Lecture: 3

Facilities and Equipment Management (3) Discussion of skills and logistics necessary for management of sports facilities and related equipment. Tree hours of lecture per week. Ofered as needed.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 399 Physical Ed Seminar (2 Credits)

Lecture: 2

Physical Education Seminar (2) Issues and application of organizational and administrative principles of physical education. Two hours of lecture per week. Majors only. Prerequisite: Junior standing.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 432 Rhyms & Games Elem Sch Teachs (3 Credits)

Lecture: 3

Rhythms and Games for Elementary School Teachers (3) Planning and execution of acceptable programs of physical education through the use of rhythmic and sports activities for the elementary grade level. Tree hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 433 Problems in Urban Rec Sports (3 Credits)

Lecture: 3

Current Problems in Physical Education (3) Study of selected problems and trends in physical education. Tree hours of lecture per week. Prerequisite: Junior standing.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 434 Administration of Athletics (3 Credits)

Lecture: 3

Administration of Athletics (3) Implementation and evaluation of athletic programs in secondary schools. Tree hours of lecture per week. Ofered as needed.

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Department: Dept of Health & Kinesiology

KIN 435 Tests & Measurements (3 Credits)

Lecture: 3

Tests and Measurements (3) Teory of measurements in physical education and recreation; selection of appropriate tests; and interpretation of test results through statistical procedures. Tree hours of lecture per week. Prerequisite: Junior standing.

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Department: Dept of Health & Kinesiology

KIN 437 Kinesiology (3 Credits)

Lecture: 3

Kinesiology (3) Scientifc study of the skeletal muscles and human movement. Two hours of lecture and one hour of laboratory per week. Prerequisite: BIOL 245. Prerequisite: Junior standing

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KIN 438 Physiology of Exercise I (3 Credits)**Lecture:** 3

Physiology of Exercise (3) Study of the effects of exercise upon the systems and organs of the body. Skill, endurance, fatigue, training, and other factors considered as they affect performance. Two hours of lecture and one hour of laboratory per week. Prerequisite: BIOL 245. Prerequisite: Junior standing.

Prerequisite(s): BIOL 245

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KIN 439 Independent Study (3 Credits)**Lecture:** 3

Independent Study (3) Research and/or field work on selected projects or topics. Prerequisite: Consent of Advisor or Faculty Chair.

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KIN 499 Supervised Ind Wk/Research Ath (6 Credits)**Lecture:** 6

Supervised Individual Work/Research in Kinesiology (6) Directed internship with local sports medicine facilities or programs that includes close supervision and seminars. Emphasis on improving professional competency in students and assisting to relate theory to practice. One hour of lecture and five hours of laboratory per week. Prerequisite: Senior standing. Human Performance and Athletic Training majors only

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