

PHYSICAL EDUCATION (PE)

PE 100 Water Aerobics (1 Credits)

Lab: 2

Water Aerobics (1) Aerobic activities conducted in water. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 101 Bowling (1 Credits)

Lecture: 1, **Lab:** 2

Bowling (1) Study and practice of the basic techniques, scoring, and history of bowling. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 102 Physical Fitness (1 Credits)

Lab: 2

Physical Fitness (1) Study and practice of physical fitness activities and the effects of exercise on systems of the human body. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

TCCN: PHED 1164

PE 103 Racquetball (1 Credits)

Lab: 2

Racquetball (1) Basic activity course in racquetball. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 106 Intermediate Bowling (1 Credits)

Lab: 2

Intermediate Bowling (1) Advanced techniques and skills for bowling. Two hours of laboratory per week. Prerequisite: PE 101. Offered as needed.

Prerequisite(s): PE 101

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 107 Walk Jog Fitness Appraisal (1 Credits)

Lab: 2

Walking, Jogging, and Fitness Appraisal (1) Fitness techniques for walking and jogging as a life long activity. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 108 Modern Dance I (1 Credits)

Lecture: 0, **Lab:** 3

Modern Dance I (1) Fundamentals of modern dance providing an opportunity for students to develop techniques, aesthetic appreciation, and creativity. Two hours of laboratory per week. Listed as DANC 1145 in the Texas Common Course Numbering System.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 109 Modern Dance II (1 Credits)

Lecture: 0, **Lab:** 3

Modern Dance II (1) Continuation of PE 108. Two hours of laboratory per week. Prerequisite: PE 108. Listed as DANC 1146 in the Texas Common Course Numbering System.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 110 Folk And Square Dance (1 Credits)

Lecture: 0, **Lab:** 3

Folk and Square Dance (1) Dance instruction providing experiences in international folk dances, square dances, and folklore. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 111 Team Sports I (1 Credits)

Lecture: 0, **Lab:** 3

Team Sports I (1) Theory, rules, and practice of soccer, flag/touch football, and volleyball. Three hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 112 Team Sports II (1 Credits)

Lecture: 0, **Lab:** 2

Team Sports II (1) Theory, rules, and practice of basketball, field hockey, and softball. Three hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 115 Volleyball & Basketball (1 Credits)

Lecture: 0, **Lab:** 3

Volleyball and Basketball (1) Theory and practice in basketball and volleyball fundamentals. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 116 Touch Football Basketball (1 Credits)

Lecture: 0, **Lab:** 3

Touch Football and Track (1) Theory and practice in touch/flag football and track fundamentals. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 117 Swimming (1 Credits)

Lecture: 0, **Lab:** 3

Swimming (1) Instruction in basic swimming strokes. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 118 Golf (1 Credits)

Lecture: 0, **Lab:** 2

Golf (1) Fundamentals and techniques of golf. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 119 Tennis And Badminton (1 Credits)

Lecture: 0, **Lab:** 3

Tennis and Badminton (1) Fundamentals and techniques of tennis and badminton. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 120 Adapted Activities I (1 Credits)

Lab: 2

Adapted Activities I (1) Adapted activities for students unable to participate in regular human performance classes. Physician's statement required. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 121 Adapted Activities II (1 Credits)

Lab: 2

Adapted Activities II (1) Continuation of PE 120. Two hours of laboratory per week. Prerequisite: PE 120.

Prerequisite(s): PE 120

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 122 Aerobic Activity (1 Credits)

Lecture: 0, **Lab:** 3

Aerobic Activities (1) Instruction and practice in basic aerobic activities. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 125 Weight Training (1 Credits)

Lecture: 0, **Lab:** 3

Weight Training (1) Introductory course in the correct use of weights in body development. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 127 Foundations I (3 Credits)

Lecture: 3, **Lab:** 0

Foundations I (3) Basic foundations in human performance, including historical development, philosophical implication, and issues related to movement. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 128 Tae Kwon-Do I (2 Credits)

Lecture: 1, **Lab:** 1

Tae Kwon-Do I (1) Fundamental offensive and defensive techniques used in Tae Kwon-Do. Student abilities assessed in relation to the technical and physical requirements of the martial arts. Meditation and mental discipline introduced. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 211 Individual Sports & Activities (1 Credits)

Lecture: 0, **Lab:** 3

Individual/Dual Sports and Activities I (1) Theory, rules, and practice of archery, bowling, dance, weight training, and gymnastics/tumbling. Three hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 212 Individual Sports & Activities (1 Credits)

Lecture: 0, **Lab:** 3

Individual/Dual Sports and Activities II (1) Theory, rules, and practice of track and field, swimming, badminton, wrestling, tennis, golf, and cycling. Three hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 233 Foundations II (3 Credits)

Lecture: 3, **Lab:** 0

Foundations II (3) Continued study of the principles of human performance, including an overview of the status and scope of modern performance programs, activities for children of various ages, and assessment of skills. Three hours of lecture per week. Prerequisite: PE 127.

Prerequisite(s): PE 127

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 235 Intro To Adaptive P E (3 Credits)

Lecture: 3, **Lab:** 0

Introduction to Adapted Physical Education (3) Study of the general organization of programs and exercises for the handicapped. Recreational sports, aquatic skills, and planning procedures included. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 300 Athletic Training Practicum I (2 Credits)

Lecture: 1, **Lab:** 1

Athletic Training Practicum/Seminar I (3) Theories and techniques of athletic training and their applications to practical and on-field situations. Students also explore current issues that impact professional practices. Two hours of lecture/laboratory per week. Athletic Training majors only

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 301 Athletic Training Practicum II (2 Credits)

Lecture: 1, **Lab:** 1

Athletic Training Practicum II (3) Advanced theories and techniques of athletic training and their applications to practical and on-field situations. Students also explore current issues that impact professional practices. Two hours of lecture/laboratory per week. Prerequisite: PE 300.

Prerequisite(s): PE 300

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 302 Phys Fitness Progs Elem & Sec (3 Credits)

Lecture: 2, **Lab:** 1

Physical Fitness Programs for Elementary and Secondary Schools (3) Study and practice of fitness activities and the effects of exercise upon systems of the body. Two hours of lecture and one hour of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 324 Advanced Swimming (2 Credits)

Lecture: 0, **Lab:** 0

Advanced Swimming (2) Completion of requirements for the Red Cross Water Safety Instructor's Certificate. Two hours of laboratory per week. Prerequisite: Current Red Cross Senior Life Saving Certificate.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 327 Advanced Gymnastics (2 Credits)

Lecture: 2

Advanced Gymnastics (2) Theory and practice in performing pyramid building, stunts, and apparatus activities. Two hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 331 Performance Practicum Edu (3 Credits)

Lecture: 3, **Lab:** 0

Performance Practicum (3) Techniques and theories of sports activities and their applications to practical situations. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 332 Coach & Offic Sp Acts Sec Sch (3 Credits)**Lecture:** 3, **Lab:** 0

Coaching and Officiating Sports Activities for Secondary Schools (3) Study of coaching strategies, techniques, and theories of selected sports activities in secondary schools. Three hours of lecture per week.

College/School: College Of Education**Department:** Dept of Health & Kinesiology**PE 334 Sports & Entertainment Mgmt (3 Credits)****Lecture:** 3, **Lab:** 0

Coaching and Officiating of Baseball and Track (3) Study of theory, strategy, and mechanics of coaching baseball and track. Emphasis placed on designing coaching strategies. Three hours of lecture per week.

College/School: College Of Education**Department:** Dept of Health & Kinesiology**PE 335 Admin Intramural Athletics (3 Credits)****Lecture:** 3, **Lab:** 0

Administration of Intramural Sports (3) Techniques for organizing, directing, and supervising intramural programs of sports activities. Three hours of lecture per week.

College/School: College Of Education**Department:** Dept of Health & Kinesiology**PE 336 Org & Admin Phy Edu (3 Credits)****Lecture:** 3, **Lab:** 0

Organization and Administration of Physical Education (3) Emphasis on the organization and administration of physical education programs in elementary and secondary schools. Three hours of lecture per week.

College/School: College Of Education**Department:** Dept of Health & Kinesiology**PE 337 Mov Skill Dev Elem - Pe Elem (3 Credits)****Lecture:** 3, **Lab:** 0

Movement Skill Development at the Elementary Level - The P.E. Programs in the Elementary School (3) Principles of and activities for movement education and sports related skills at the elementary school level. Three hours of lecture per week.

College/School: College Of Education**Department:** Dept of Health & Kinesiology**PE 338 Prin & Tech Outdoor&Elis Acts (3 Credits)****Lecture:** 2, **Lab:** 1

Principles and Techniques for Outdoor and Leisure Activities (3) Discussion of techniques and skills required for outdoor and leisure activities. Three hours of lecture per week.

College/School: College Of Education**Department:** Dept of Health & Kinesiology**PE 339 Fundamentals Of Movement (3 Credits)****Lecture:** 3, **Lab:** 0

Advanced Techniques, Skills, and Rules for Sports Activities - Fundamentals of Movement (3) Techniques, skills, and rules of sports activities. Three hours of lecture per week.

College/School: College Of Education**Department:** Dept of Health & Kinesiology**PE 370 Athletic Training I (3 Credits)****Lecture:** 2, **Lab:** 1

Athletic Training I (3) Determination of and management study of athletic injuries. Two hours of lecture and one hour of laboratory per week.

College/School: College Of Education**Department:** Dept of Health & Kinesiology**PE 371 Advanced Athletic Training (3 Credits)****Lecture:** 2, **Lab:** 1

Athletic Training II (3) Fundamental principles and methods for preliminary diagnosis of athletic injuries, including choice of initial treatment and rehabilitation procedures. Two hours of lecture and one hour of laboratory per week. Prerequisite: PE 370.

Prerequisite(s): PE 370**College/School:** College Of Education**Department:** Dept of Health & Kinesiology**PE 372 Therapeutic Exercise Modals (3 Credits)****Lecture:** 3

Therapeutic Exercise Modalities (3) Study of the use, selection, and application of therapeutic modalities in the rehabilitation of athletic injuries. Three hours of lecture per week.

College/School: College Of Education**Department:** Dept of Health & Kinesiology**PE 373 Managerial Comm & Media Rel (3 Credits)****Lecture:** 3**College/School:** College Of Education**Department:** Dept of Health & Kinesiology**PE 374 Sociology Of Sports (3 Credits)****Lecture:** 3, **Lab:** 0

Sociology of Sports (3) Sports and their impact on American society; social organization from play to professional sports; violence; discrimination; women in sports; socialization implications from participation in sports. Three hours of lecture per week.

College/School: College Of Education**Department:** Dept of Health & Kinesiology**PE 376 History in Sports Governance (3 Credits)****Lecture:** 3**College/School:** College Of Education**Department:** Dept of Health & Kinesiology**PE 378 Ind Dev & Motor Learning (3 Credits)****Lecture:** 2, **Lab:** 1

Individual Development and Motor Learning (3) Study of the nature of learning factors that affect motor learning and individual development at various skill levels. Two hours of lecture and one hour of laboratory per week.

College/School: College Of Education**Department:** Dept of Health & Kinesiology**PE 379 Prog Event and Facility Mgmt (3 Credits)****Lecture:** 3, **Lab:** 0

Facilities and Equipment Management (3) Discussion of skills and logistics necessary for management of sports facilities and related equipment. Three hours of lecture per week. Offered as needed.

College/School: College Of Education**Department:** Dept of Health & Kinesiology**PE 399 Physical Ed Seminar (2 Credits)****Lecture:** 2, **Lab:** 0

Physical Education Seminar (2) Issues and applications of organizational and administrative principles of physical education. Two hours of lecture per week.

College/School: College Of Education**Department:** Dept of Health & Kinesiology

PE 432 Rhymes & Games Elem Sch Teachs (3 Credits)

Lecture: 3, **Lab:** 0

Rhythms and Games for Elementary School Teachers (3) Planning and execution of acceptable programs of physical education through the use of rhythmic and sports activities for the elementary grade levels. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 433 Problems in Urban Rec Sports (3 Credits)

Lecture: 3

Current Problems in Physical Education (3) Study of selected current problems and trends in physical education. Three hours of lecture per week. Offered as needed.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 434 Administration of Athletics (3 Credits)

Lecture: 3

Administration of Athletics (3) Implementation and evaluation of athletic programs in secondary schools. Three hours of lecture per week. Offered as needed.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 435 Tests Measurements (3 Credits)

Lecture: 3, **Lab:** 0

Tests and Measurements (3) Theory of measurements in physical education and recreation; selection of appropriate tests; and interpretation of test results through statistical procedures. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 436 Sports Ethics and The Law (3 Credits)

Lecture: 3

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 437 Kinesiology (3 Credits)

Lecture: 3, **Lab:** 0

Kinesiology (3) Scientific study of the skeletal muscles and human movement. Two hours of lecture and one hour of laboratory per week. Prerequisite: BIOL 245.

Prerequisite(s): BIOL 245

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 438 Physiology Of Exercise (3 Credits)

Lecture: 3, **Lab:** 0

Physiology of Exercise (3) Study of the effects of exercise upon the systems and organs of the body. Skill, endurance, fatigue, training, and other factors considered as they affect performance. Two hours of lecture and one hour of laboratory per week. Prerequisites: BIOL 245 and PE 437.

Prerequisite(s): BIOL 245

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 439 Independent Study (3 Credits)

Lecture: 3, **Lab:** 0

Independent Study (3) Research and/or field work on selected projects or topics. Prerequisite: Consent of Faculty Advisor or Faculty Chair.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 499 Supervised Ind Wk/Research Ath (6 Credits)

Lecture: 6

Supervised Individual Work/Research in Athletic Training (6) Directed internship with local sports medicine facilities or programs that include close supervision and seminars. Emphasis on improving professional competency in students and assisting to relate theory to practice. One hour of lecture and five hours of laboratory per week. Prerequisite: Senior standing. Athletic Training majors only

College/School: College Of Education

Department: Dept of Health & Kinesiology