

# RECREATION (REC)

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**REC 234 Foundation Rec Parks & Leisure (3 Credits)****Lecture:** 3, **Lab:** 0

Foundations of Recreation, Parks and Leisure Services (3) This course is an introduction to the recreation, parks and leisure profession including the history of recreation, parks and leisure services. Orientation to the variety of services including their settings, services and organization; relationship to public, private or governmental agencies. An overview of career opportunities in the field. Trends in services to various populations. Three hours of lecture per week.

**College/School:** College Of Education**Department:** Dept of Health & Kinesiology**REC 332 Aquatics Facility Mgmt & Water (3 Credits)****Lecture:** 3, **Lab:** 0

Aquatic Facility Management and Waterfront Facility Operations (3) This course is a capstone course intended to provide a bridge from theory to professional practice. Integrates students' learning experiences from their core classes into their professional goals. Students explore their approaches to lifelong learning and make connections as to how a liberal arts background can facilitate currency and relevancy in professional practice and life. Determining a career direction, assuming professional roles and performing actual job responsibilities in a global and diverse world are emphasized. As students prepare for entry into the leisure, sport or wellness profession they are exposed to and practice steps in making decisions with a focus on promoting sound and ethical judgment to create a common good. Three hours of lecture per week.

**College/School:** College Of Education**Department:** Dept of Health & Kinesiology**REC 333 Leisure Studs Human Diversity (3 Credits)****Lecture:** 3, **Lab:** 0

Leisure Studies: Human Diversity and the Environment (3) This course provides a comprehensive overview of the role of leisure in contemporary society. Sociological, economic, psychological and environmental implications of leisure are explored with diverse groups. Societal and lifestyle changes are discussed with a multicultural focus and in relation to their impact on the future of leisure. Personal leisure lifestyles are reviewed and discussed. Three hours of lecture per week.

**College/School:** College Of Education**Department:** Dept of Health & Kinesiology**REC 335 Prog & Promotions in Rec Park (3 Credits)****Lecture:** 3, **Lab:** 0

Programming and Promotions in Recreation, Parks and Leisure Services (3) This course analyzes the fundamentals of program planning using techniques of identifying and analyzing program activity areas; content includes program development and application with a variety of population groups and representative leisure service agencies. Three hours of lecture per week.

**College/School:** College Of Education**Department:** Dept of Health & Kinesiology**REC 373 Hist & Philosophy Rec Park (3 Credits)****Lecture:** 3, **Lab:** 0

History and Philosophy of Recreation and Leisure Studies (3) This course reviews the historical and theoretical foundations, nature, and significance of recreation and leisure in contemporary society; current trends and prospects for the future. Survey of agencies, organizations, and programs in the leisure service field and the recreation profession. Three hours of lecture per week.

**College/School:** College Of Education**Department:** Dept of Health & Kinesiology**REC 379 Facility Planng & Maintenance (3 Credits)****Lecture:** 3, **Lab:** 0

Facility Planning and Maintaining Recreation, Park, Leisure Areas and Sport Facilities (3) This course examines the contemporary issues and related administrative practices associated with managing human resources in leisure services. Includes: basic elements, procedures and processes involved in planning, designing, developing and maintaining recreation, park, leisure and sport facilities and areas. Students assess and evaluate existing facilities and areas in terms of functionality, access standards and maintenance operations. Three hours of lecture per week.

**College/School:** College Of Education**Department:** Dept of Health & Kinesiology**REC 399 Prof Development Capstone (2 Credits)****Lecture:** 2, **Lab:** 0

Professional Development and Capstone Experience in Recreation and Leisure, Sport and Wellness Related Professions (2) This course analyzes the fundamentals of program planning using techniques of identifying and analyzing program activity areas; content includes program development and application with a variety of population groups and representative leisure service agencies. Two hours of lecture per week. Majors only. Prerequisite: Junior standing.

**College/School:** College Of Education**Department:** Dept of Health & Kinesiology**REC 434 Mmgt in Rec Sport and Leisure (3 Credits)****Lecture:** 3, **Lab:** 0

Management in Recreation, Sport and Leisure Services (3) This course is an introduction to basic concepts of organization, administration, and supervision of leisure service agencies. Application to recreation, parks, sports and leisure agencies is stressed. The administrative functions covered include personnel management, budgets, finance, resource planning, public relations, evaluation, legal issues, policy development, and problem-solving techniques. Essential elements of management systems are reviewed. Emphasizes human resource management and the employment process, personnel policies and procedures, legal issues, supervision, performance appraisal, and technological tools. Three hours of lecture per week.

**College/School:** College Of Education**Department:** Dept of Health & Kinesiology

**REC 476 Therapeutic Rec Interven (3 Credits)**

**Lecture:** 3, **Lab:** 0

Therapeutic Recreation, Therapeutic Activity Intervention and Aging

(3) This course delivers an in-depth study of support and delivery systems, desirable practices of therapeutic recreation and of concepts associated with the practice of therapeutic recreation, including history, philosophy, professional development and medical terminology, as well as characteristics of illness, disease and disability. Overview of the process of therapeutic recreation, including assessing, planning, implementing and evaluating. Emphasis is on age-related illness, disease, disability and therapeutic activity intervention. Three hours of lecture per week.

**College/School:** College Of Education

**Department:** Dept of Health & Kinesiology

**REC 499 Internship: Rec Park & Leisure (6 Credits)**

**Lecture:** 6, **Lab:** 0

Supervised Internship in Recreation, Parks and Leisure Services (6)

Directed internship with local sports medicine facilities or programs that includes close supervision and seminars. Emphasis on improving professional competency in students and assisting to relate theory to practice. One hour of lecture and five hours of laboratory per week.

Prerequisite: Senior standing. Recreation majors only

**College/School:** College Of Education

**Department:** Dept of Health & Kinesiology