

DEPARTMENT OF HEALTH, KINESIOLOGY AND SPORT STUDIES

Undergraduate Degree(s):

- Bachelor of Science in Athletic Training Option IV - (Concentration I) - Teacher Certification (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/athletic-training-bs-option-iv-concentration-i-teacher-certification/>)
- Bachelor of Science in Athletic Training Option IV - (Concentration II) - Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/athletic-training-bs-option-iv-concentration-ii-non-teaching/>)
- Bachelor of Science in Health Studies (CHES Certification) Option I (Concentration III) Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/health-studies-bs-ches-certification-option-i-concentration-iii-non-teaching/>)
- Bachelor of Science in Health Studies, Bachelor of Science Option I (Concentration II) Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/health-studies-bs-option-i-concentration-ii-non-teaching/>)
- Bachelor of Science in Health Studies Option I - Teacher Certification (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/health-studies-bs-option-i-teaching-certification/>)
- Bachelor of Science in Kinesiology Option II - (Concentration I) - Teacher Certification (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/kinesiology-bs-option-ii-concentration-i-teacher-certification/>)
- Bachelor of Science in Kinesiology Option II - (Concentration I) - Recreation & Leisure Studies Concentration - Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/kinesiology-bs-option-ii-concentration-i-recreation-leisure-studies-concentration-non-teaching/>)
- Bachelor of Science in Kinesiology Option II - (Concentration II) - Recreation & Leisure Studies Concentration - Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/kinesiology-bs-option-ii-concentration-ii-recreation-leisure-studies-concentration-non-teaching/>)
- Bachelor of Science in Sport Management Option III - (Concentration I) - Business Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/sport-management-bs-option-iii-concentration-i-business-non-teaching/>)
- Bachelor of Science in Sport Management Option III - (Concentration II) - Health Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/sport-management-bs-option-iii-concentration-ii-health-non-teaching/>)
- Bachelor of Science in Sport Management Option III - (Concentration II) - Kinesiology Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/sport-management-bs-option-iii-concentration-ii-kinesiology-non-teaching/>)

[sport-management/sport-management-bs-option-iii-concentration-ii-kinesiology-non-teaching/](https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/sport-management-bs-option-iii-concentration-ii-kinesiology-non-teaching/))

- Bachelor of Science in Sport Management Option III - (Concentration IV) - Journalism Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/sport-management-bs-option-iii-concentration-iv-journalism-non-teaching/>)
- Bachelor of Science in Sport Management Option III - (Concentration V) - Radio, Television & Film Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/sport-management-bs-option-iii-concentration-v-radio-television-film-non-teaching/>)

Minor(s):

- Health Studies (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/health-studies-minor/>)
- Kinesiology (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/kinesiology-minor/>)
- Recreation & Leisure Studies (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/recreation-leisure-studies-minor/>)
- Sport Management (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/sport-management-minor/>)

Graduate Degree(s):

- Master of Science in Health & Kinesiology (Health Education Concentration) (<https://catalog.tsu.edu/graduate/schools-colleges/education/health-kinesiology/health-kinesiology-health-education-concentration-ms/>)
- Master of Science in Health & Kinesiology (Kinesiology Concentration) (<https://catalog.tsu.edu/graduate/schools-colleges/education/health-kinesiology/health-kinesiology-kinesiology-concentration-ms/>)
- Master of Science in Sport Studies and Sport Leadership (Sport Administration Concentration Non-Thesis) (<https://catalog.tsu.edu/graduate/schools-colleges/education/health-kinesiology/sport-studies-sport-leadership-sport-administration-concentration-non-thesis-master-science/>)
- Master of Science in Sport Studies and Sport Leadership (Sport Administration Concentration Thesis Option) (<https://catalog.tsu.edu/graduate/schools-colleges/education/health-kinesiology/sport-studies-sport-leadership-sport-administration-concentration-thesis-option-ms/>)
- Master of Science in Sport Studies and Sport Leadership (Sport Management Concentration Non-Thesis) (<https://catalog.tsu.edu/graduate/schools-colleges/education/health-kinesiology/sport-studies-sport-leadership-sport-management-concentration-non-thesis-master-science/>)
- Master of Science in Sport Studies and Sport Leadership (Sport Management Concentration Thesis Option) (<https://catalog.tsu.edu/graduate/schools-colleges/education/health-kinesiology/sport-studies-sport-leadership-sport-management-concentration-thesis-option-ms/>)

The Department of Health, Kinesiology and Sport Studies offers courses in Athletic Training (ATR), Health (HED), Kinesiology (KIN), Physical

Education (PE), Recreation & Leisure Studies (REC), Sport Management (SPMT), and Sport Studies (EDSS), four undergraduate degrees, two graduate degrees, four graduate certificates, two executive doctoral certificates, and doctoral concentration in Sport Education in partnership with the Department of Curriculum & Instruction. The Bachelor of Science (B.S.) in Athletic Training, Bachelor of Science (B.S.) in Health Studies, Bachelor of Science (B.S.) in Kinesiology, and Bachelor of Science (B.S.) in Sport Management are offered on the undergraduate level; the Master of Science (M.S.) in Health and Kinesiology and Master of Science (M.S.) in Sport Studies & Sport Leadership are offered at the graduate level. The Bachelor of Science (B.S.) in Athletic Training, Bachelor of Science (B.S.) in Health Studies, Bachelor of Science (B.S.) in Kinesiology, and Bachelor of Science (B.S.) in Sport Management are offered on the undergraduate level; the Master of Science (M.S.) in Health and Kinesiology, Master of Science (M.S.) in Sport Studies & Sport Leadership, and a Doctor of Education (Ed.D.) in Curriculum & Instruction with a Concentration in Sport Education as well as Graduate Certificates and Executive Doctoral Certificates (the certificates are available through TSU Online) are offered at the graduate level. The Department offers four minors (of which two are available through TSU Online), one in Health Studies, one in Kinesiology, one in Recreation and Leisure, and one in Sport Management, for students pursuing undergraduate degrees in other instructional units at the University. Students may also earn Texas Teacher Certification for the state of Texas either in Health Studies or Kinesiology through the Educator Preparation Program in the College of Education in conjunction with the two undergraduate degrees offered. Members of the Department and department facilities are located in the Health and Physical Education Building with the Department Office located in Room 103.

Students who are interested in detailed information regarding the Master of Science in Health and Kinesiology or Master of Science (M.S.) in Sport Studies & Sport Leadership, or the Doctor of Education (Ed.D.) in Curriculum & Instruction with a Concentration in Sport Education as well as the Graduate Certificates and Executive Doctoral Certificates should consult the Graduate School Bulletin of Texas Southern University.

The primary mission of the Department of Health, Kinesiology and Sport Studies is to prepare students for entry into the workforce and for graduate study. A secondary mission is to ensure that all students matriculating through the University have an understanding of the importance of wellness and health-related fitness upon society.

All first time freshman must enroll in FS 102 Freshman Seminar/ first Year Experience within their first semester of attendance. Transfer students may substitute FS 102 with any college level course to complete the total credit hours required for graduation by their degree plan.

In pursuing either the B.S. in Athletic Training, B.S. in Health Studies, the B.S. in Kinesiology or the B.S. in Sport Management, there are several concentrations of study, two concentrations for the B.S. in Athletic Training three concentrations for the B.S. in Health Studies, two concentrations for the B.S. in Kinesiology and five concentrations for the B.S. in Sport Management. Completion of the B.S. in Health Studies – EC-12 (Option I, Concentration I), the B.S. in Kinesiology – All Levels Teaching (Option II, Concentration I), and B.S. in Athletic Training All Levels Teaching (Option IV, Concentration I), require matriculating students to be admitted to the Educator Preparation Program in the College of Education. Completion of the B.S. in Health Studies – non-teaching (Option I, Concentration II), B.S. in Health Studies (CHES Certification) – non-teaching (Option I, Concentration III), the B.S. in Athletic Training – non-teaching (Option IV, Concentration II), the B.S. in Kinesiology/Recreation & Leisure Studies – non-teaching (Option II,

Concentration IV), requires an internship. Both Athletic Training options, concentrations I and II also require a mandatory 1350 hour externship working under a certified/licensed athletic trainer. Completion of the B.S. in Sport Management/Business (Option III, Concentration I), B.S. in Sport Management/Health (Option III, Concentration II), B.S. in Sport Management/Kinesiology (Option III, Concentration III), B.S. in Sport Management/Journalism (Option III, Concentration IV), and B.S. in Sport Management/Radio, Television, Film (Option III, Concentration V) require an internship.

Requirements for the B.S. in Health Studies, B.S. in Kinesiology, B.S. in Sport Management and the four minors (Health Studies, Kinesiology, Recreation and Leisure, and Sport Management) are summarized. Interested students must first be admitted to the University, and must satisfy the TSI requirements. Students are admitted after review by a departmental committee; and, once admitted, they are assigned an official advisor who should be consulted on a semester or term basis and who will guide those students in need of being admitted to the Education Preparation Program in that process. The advisor will also advise students with regard to their status for graduation as they enter and complete the senior year. **After completion of PE 112 Team Sports II, KIN 211 Individual Sports & Activities, KIN 212 Individual Sports/ActivitiesII, KIN 127 Foundations I, KIN 233 Foundations II, and KIN 235 Intro to Adapted Physical Ed during the sophomore year, Kinesiology majors will be administered a departmental diagnostic comprehensive examination in KIN 302 Phys Fitness Progs Elem & Sec. All requirements for the Educator Preparation Program must be met (consult previous section of this document under the College of Education), and students must have an overall GPA of 3.00 or better to enter the program.** Courses designated as major courses must be completed with grades of “B” or better, where grades of “C-” are unacceptable, and grade restrictions referenced for the Educator Preparation Program must also be adhered to. Prior to graduation, a comprehensive departmental exit examination is administered to seniors.

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- Athletic Training, Bachelor of Science Option IV - (Concentration II) - Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/athletic-training-bs-option-iv-concentration-ii-non-teaching/>)
- Health Studies, Bachelor of Science (CHES Certification) Option I (Concentration III) Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/health-studies-bs-ches-certification-option-i-concentration-iii-non-teaching/>)
- Health Studies, Bachelor of Science Option I (Concentration II) Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/health-studies-bs-option-i-concentration-ii-non-teaching/>)
- Health Studies, Bachelor of Science Option I - Teacher Certification (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/health-studies-bs-option-i-teaching-certification/>)
- Health Studies, Minor (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/health-studies-minor/>)
- Kinesiology, Bachelor of Science Option II - (Concentration I) - Teacher Certification (<https://catalog.tsu.edu/undergraduate/>)

[schools-colleges/education/health-kinesiology-sport-management/kinesiology-bs-option-ii-concentration-i-teacher-certification/](https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/kinesiology-bs-option-ii-concentration-i-teacher-certification/))

- Kinesiology, Bachelor of Science Option II - (Concentration I) - Recreation & Leisure Studies Concentration - Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/kinesiology-bs-option-ii-concentration-i-recreation-leisure-studies-concentration-non-teaching/>)
- Kinesiology, Bachelor of Science Option II - (Concentration II) - Recreation & Leisure Studies Concentration - Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/kinesiology-bs-option-ii-concentration-ii-recreation-leisure-studies-concentration-non-teaching/>)
- Kinesiology, Minor (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/kinesiology-minor/>)
- Recreation & Leisure Studies, Minor (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/recreation-leisure-studies-minor/>)
- Sport Management, Bachelor of Science Option III - (Concentration I) - Business Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/sport-management-bs-option-iii-concentration-i-business-non-teaching/>)
- Sport Management, Bachelor of Science Option III - (Concentration II) - Health Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/sport-management-bs-option-iii-concentration-ii-health-non-teaching/>)
- Sport Management, Bachelor of Science Option III - (Concentration II) - Kinesiology Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/sport-management-bs-option-iii-concentration-ii-kinesiology-non-teaching/>)
- Sport Management, Bachelor of Science Option III - (Concentration IV) - Journalism Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/sport-management-bs-option-iii-concentration-iv-journalism-non-teaching/>)
- Sport Management, Bachelor of Science Option III - (Concentration V) - Radio, Television & Film Non-Teaching (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/sport-management-bs-option-iii-concentration-v-radio-television-film-non-teaching/>)
- Sport Management, Minor (<https://catalog.tsu.edu/undergraduate/schools-colleges/education/health-kinesiology-sport-management/sport-management-minor/>)

Athletic Training

ATR 206 Intro to Athletic Trn (3 Credits)

General Prevention Principles. Describe the concept (e.g. case definitions, incidence versus prevalence, exposure assessment, rate) and uses of injury and illness surveillance relevant to athletic training. Identify and describe measure used to monitor injury prevention strategies identify modifiable/non-modifiable risk factors and mechanism for injury and illness. Explain how the effectiveness of a prevention strategy can be assessed using clinical outcomes, surveillance, or evaluation data.

College/School: College Of Education

Department: Dept of Health & Kinesiology

ATR 210 Athletic Taping & Bracing (1 Credits)

Summarize the basic principle associated with the design, construction, fit, maintenance, and reconditioning of protective equipment, including the rules and regulations established by the associations that govern its use. Fit standard protective equipment following manufacturers' guidelines. Apply preventive taping and wrapping procedures, splints, braces, and other special protective devices. Fabricate and apply taping, wrapping, supportive, and protective devices to facilitate return to function.

College/School: College Of Education

Department: Dept of Health & Kinesiology

ATR 212 Medical Terminology in At (1 Credits)

Describe the normal structure and interrelated function of the body system. Describe the normal anatomical, systemic, and physiological changes associated with the lifespan, identify the common congenital and acquired risk factors and causes of musculoskeletal injuries and common illnesses that may influence physical activity in pediatric, adolescent, adult, and aging populations. Describe the principles and concepts of body movement, including normal oskeokinematics and arthrokinematics. Describe the influence of pathomechanics on function.

College/School: College Of Education

Department: Dept of Health & Kinesiology

ATR 222 Emerg Medical Tech (3 Credits)

Explain the legal, moral and ethical parameters that define the athletic trainer's scope of acute emergency care. Differentiate the roles and responsibilities of the athletic trainer from other providers. Demonstrate the ability to perform scene, primary, and secondary surveys. Obtain a medical history appropriate for the patient's ability to respond. Identify cases when rescue breathing CPR, and/or AED use is indicated and according to current accepted practice protocols, and implement those when appropriate.

College/School: College Of Education

Department: Dept of Health & Kinesiology

ATR 223 Clinical Preceptorship I (2 Credits)

Administer testing procedure to obtain baseline data regarding a client's/patient's level of general health. Use this data to design, implement, evaluate, and modify a program specific to the performance and health goals of the patient. This will include instructing the patient in the proper performance of the activities, recognizing the warning signs and systems of potential injuries and illnesses that may occur, and explaining the role of exercise in maintaining overall health and the prevention of diseases.

College/School: College Of Education

Department: Dept of Health & Kinesiology

ATR 300 Athletic Practicum & Seminar (3 Credits)

TI-21. Explain the federal, state, and local laws, regulations and procedure for the proper and documentation associated with an athletic training facility. Current events in athletic training and the broader field of sports medicine.

College/School: College Of Education

Department: Dept of Health & Kinesiology

ATR 303 Biomechanics of Ex & SP Scienc (3 Credits)

Describe the principles and concepts of body movement, including normal oskeokinematic and arthrokinematics. Describe the influence of pathomechanics on fuction. Analyze gait and select appropriate instruction and correction strategies to facilitate safe progression to functional gait pattern. Explain the relationship between posture, biomechanics, and ergodynamics and the need to address these components in a theraputic intervention.

College/School: College Of Education

Department: Dept of Health & Kinesiology

ATR 318 Ortho Assessment Upper I (3 Credits)

Review of body system and regions. Use standard techniques/procedure for the clinical examination of common injuries, conditions, illnesses, and diseases including, but not limited to; history taking, inspection/observation, palpation, functional assessment, special tests, neurological assessments, respiratory assessments, circulatory assessments, abdominal assessment, and other clinical assessments. Assess and interpret findings from a physical examination that is based on the patient's cilncal presentation.

College/School: College Of Education

Department: Dept of Health & Kinesiology

ATR 319 Ortho Assessment Lower II (3 Credits)

Review of body systems and regions. Use standard techniques/procedures for the clinical examination of common injuries, conditions, illnesses, and disease including, but not limited to; history taking, inspection/observation, palpation, functional assessment, special tests, nourological assessments, respiratory assessments, circulatory assessments, abdominal assessments, and other clinical assessments. Assess and interpret findings from a physical examination that is based on the patients's clinical presentation.

College/School: College Of Education

Department: Dept of Health & Kinesiology

ATR 323 Clinical Preceptorship III (2 Credits)

Perform a comprehensive clinical examination of a patient with an upper extremity, lower extremity, head, neck, thorax, and/or spine injury or condition. This exam should incorporate evidence-based clinical reasoning. Create and implemnt a theraputic intervention that targets treatment goals.

College/School: College Of Education

Department: Dept of Health & Kinesiology

ATR 340 Organ & Admin in AT (3 Credits)

Describe the role of the athletic trainer and the delivery of athletic training services within the contex of the broader healthcare system. Describe the impact of organizational structure on the daily operations of the heakthcare facillity. Describe the role of strategic planning as a means to assess and promote organizational improvement, facility operation and risk mangement. Describe the components of developing and implementing a basic business plan and budget.

College/School: College Of Education

Department: Dept of Health & Kinesiology

ATR 408 Therapeutic Modalities in AT (4 Credits)

Describe and differentiate strategies/techniques to: limit edema, restore joint mobility and muscle extensibility, restore neuromuscular function. Identify exercise/activites to improve stength, endurance, speed, power, balance, coordination, agility, gait, posture, and body mechanic. Explain theory and principles of therapeutic modalities, including: superficial thermal agents, electrical stimulation, ultrasound, diathermy, traction, CPM, and biofeedback.

College/School: College Of Education

Department: Dept of Health & Kinesiology

ATR 413 Rehabilitation Technique in AT (4 Credits)

Describe and differentiate strategies/techniques to: limit edema, restore joint mobility and muscle extensibility, restore neuromuscular function. Idntify exercises/activites to improve strength, endurance, speed, power, balnce, coordination, agility, gait, posture, and body mechanics Explain theory and principle of therapeutic madalities, including: superficial thermal agents, electrical stimulation, ultrasound, diathermy, traction, CPM, and biofeedback.

College/School: College Of Education

Department: Dept of Health & Kinesiology

ATR 423 Clinical Preceptorship V (3 Credits)

Select and intergrate appropriate psychosocial techniques into a patient's treatment or rehabilitation program to enhance rehabilitation adherence, return, and overall outcomes. This include, but not limited to: verbal motivation, goal setting, imagery, pain managemtn, self-talk, and/or relaxation. Demonstrate the ability to recognize and refer at-risk individuals with psychosocial disorder and/or mental health emergencies. As a member of the management team, develop an appropriate management plan.

College/School: College Of Education

Department: Dept of Health & Kinesiology

ATR 499 Clinical Exernship in Athletic Training (6 Credits)

Approved externship supervised by a clinical preceptor.. 6 credit hours.

College/School: College Of Education

Department: Dept of Health & Kinesiology

Health

HED 223 Basic C P R (2 Credits)

Basic CPR (2) Basic concepts in cardiopulmonary resuscitation; certification in basic cardiac life support. One hour of lecture and two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 224 Swimming II (2 Credits)

This course on swimming encourages cardiovascular fitness through the fours competitive strokes: freestyly, backstroke, breaststroke and butterfly. This course is an introductory course that requires students to effectively learn the four competitive strokes at a mastery level of 80 percent. Emphasis is placed on swimming techniques.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 227 Gymnastics (2 Credits)

This course is designed to introduce, develop, and examine the gymnastic skills, aerobics activities, movements and exercises that can improve physical fitness and aerobic capacity as well as rhythmic/dance activities and skills. Emphasis is placed on guiding students to develop and design their own gymnastics routine with gymnastics skills that they can utilize in everyday life as a fitness routine and as a lifelong activity. 2 credit hours.

College/School: School of Communication

Department: Dept of Health & Kinesiology

HED 230 Introduction to Health (3 Credits)

Discussion of the components of health and how health status is maintained throughout the lifespan, including the role of health care professionals.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 231 Introduction to Behavioral Health Theory (3 Credits)

Review of variables involved in creating behavior change.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 233 History & Principles of Health (2 Credits)

History and Principles of Health (2) Discussion of the historical and philosophical development of health. Consideration given to those illnesses and health hazards of major significance and concern in contemporary society. Two hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 234 Hlth & Biolfuncs (3 Credits)

History and Biological Function (3) Organizational components of the human body; types of diseases; biological defense mechanisms; healing processes; and human biological growth and development. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 235 Health and the Human Body (3 Credits)

Structure and function of human body systems and the impact of disease on each system.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 236 Socioeconomic and Culture Influences on Health (3 Credits)

Examination of the relationship between socioeconomic status and culture on health including outcomes, utilization, and delivery.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 329 Health Promotion Theory and Practice (3 Credits)

Overview of health behavior theories and their application to health education, disease prevention, and health promotion.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 333 Emergency and Care of Injuries (3 Credits)

Presentation of first aid and emergency care principles and concepts; leads to first aid certification.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 334 Contemporary Health Problems (3 Credits)

In depth student of contemporary community health problems encountered in an area of diverse ethnicity and mobility.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 335 Problems In Community Hygiene (3 Credits)

Problems in Community Health (3) In-depth study of contemporary community health problems encountered in an area of diverse ethnicity and mobility. Emphasis on the biological, psychological, and socioeconomic factors that impact disease and levels of wellness. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 336 Organ Admin Of Hlth Progrms (3 Credits)

Organization and Administration of Health Programs (3) Analysis of the organizational structure, administrative policies, and management styles of official and non-official agencies at the local, state, and national levels. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 339 Diseases & Consumer Health (3 Credits)

Diseases and Consumer Health (3) Factual, scientifically-based information about diseases, medical goods, and services with an analysis of issues and strategies undertaken by consumers and providers that bring about changes in health systems and society. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 340 Epidemiology (3 Credits)

Environmental and Public Health (3) Identification of environmental health hazards associated with the home and workplace along with consideration of human environment interactions in modern society. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 341 Epidemiology (3 Credits)

Study of the distribution and determinants of health using basic epidemiological concepts and statistical methods.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 374 Special Topics in Health Studies (3 Credits)

Special topics course is developed to cover emerging issues or specialized content not represented in the current content. Specialized topics in Health Studies will examine current issues and various activities taking place in the field of health studies.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 399 Health Seminar (2 Credits)

Health Seminar (2) Discussion of topics of current relevance with the main focus on local health problems. Presentation of outstanding speakers in the areas of school and community health. Two hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 432 Fitness For Living (3 Credits)

Fitness for Living (3) Considers the influence of exercise, rest, fitness, and lifelong activity in prevention of behavior-related problems and the benefits of health and wellness promotion activities. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 433 Personal Health & Safety I (3 Credits)

Personal Health and Safety I (3) Identification of current problems relating to family relations, marriage styles, the changing family, social hygiene, chemical use and abuse and the effects on the individual and society. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 434 Mental Health (3 Credits)

Examination of basic problems of mental health with consideration given to problems of childhood, adolescence, and adulthood.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 436 Hygiene Of The School Child (3 Credits)

Hygiene of the School Child (3) In-depth study of the combination of factors affecting the health of children and adolescents and the impact of lifestyles on growth and development. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 437 Measurement and Evaluation in Health (3 Credits)

Qualitative and quantitative methods used in the design and evaluation of health instruments and programs.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 471 Drugs and Health (3 Credits)

Health problems associated with alcohol, tobacco, and narcotics use and the impact of such behavior on society, the economy, and health with implications of health promotion.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 472 Foundations of Safety (3 Credits)

Foundations of Safety (3) Study of the basic assumptions which aid in understanding situations related to safety in the world in which we live. Emphasis on human interactions and mutual impact. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 477 Human Sexuality (3 Credits)

Human Sexuality (3) Examination of the biological, psychological, and cultural dimensions of sexuality; exploration of controversial issues surrounding human sexuality as they impact human well-being and quality of life. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 480 (3 Credits)

Study of the development, implementation, and evaluation of health programs.

College/School: College Of Education

Department: Dept of Health & Kinesiology

HED 499 Supervised Individual Work in Community Health (6 Credits)

Directed internship with local health agencies or programs to improve professional competency and to relate theory to practice.

College/School: College Of Education

Department: Dept of Health & Kinesiology

Physical Education

PE 100 Water Aerobics (1 Credits)

Water Aerobics (1) Aerobic activities conducted in water. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 101 Bowling (1 Credits)

Bowling (1) Study and practice of the basic techniques, scoring, and history of bowling. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 102 Physical Fitness (1 Credits)

Physical Fitness (1) Study and practice of physical fitness activities and the effects of exercise on systems of the human body. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 103 Racquetball (1 Credits)

Racquetball (1) Basic activity course in racquetball. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 106 Intermediate Bowling (1 Credits)

Intermediate Bowling (1) Advanced techniques and skills for bowling. Two hours of laboratory per week. Prerequisite: PE 101. Offered as needed.

Prerequisite(s): PE 101

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 107 Walk Jog Fitness Appraisal (1 Credits)

Walking, Jogging, and Fitness Appraisal (1) Fitness techniques for walking and jogging as a life long activity. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 108 Modern Dance I (1 Credits)

Modern Dance I (1) Fundamentals of modern dance providing an opportunity for students to develop techniques, aesthetic appreciation, and creativity. Two hours of laboratory per week. Listed as DANC 1145 in the Texas Common Course Numbering System.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 109 Modern Dance II (1 Credits)

Modern Dance II (1) Continuation of PE 108. Two hours of laboratory per week. Prerequisite: PE 108. Listed as DANC 1146 in the Texas Common Course Numbering System.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 110 Folk And Square Dance (1 Credits)

Folk and Square Dance (1) Dance instruction providing experiences in international folk dances, square dances, and folklore. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 111 Team Sports I (1 Credits)

Team Sports I (1) Theory, rules, and practice of soccer, flag/touch football, and volleyball. Three hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 112 Team Sports II (1 Credits)

Team Sports II (1) Theory, rules, and practice of basketball, field hockey, and softball. Three hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 115 Volleyball & Basketball (1 Credits)

Volleyball and Basketball (1) Theory and practice in basketball and volleyball fundamentals. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 116 Touch Football Basketball (1 Credits)

Touch Football and Track (1) Theory and practice in touch/flag football and track fundamentals. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 117 Swimming (1 Credits)

Swimming (1) Instruction in basic swimming strokes. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 118 Golf (1 Credits)

Golf (1) Fundamentals and techniques of golf. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 119 Tennis And Badminton (1 Credits)

Tennis and Badminton (1) Fundamentals and techniques of tennis and badminton. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 120 Adapted Activities I (1 Credits)

Adapted Activities I (1) Adapted activities for students unable to participate in regular human performance classes. Physician's statement required. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 121 Adapted Activities II (1 Credits)

Adapted Activities II (1) Continuation of PE 120. Two hours of laboratory per week. Prerequisite: PE 120.

Prerequisite(s): PE 120

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 122 Aerobic Activity (1 Credits)

Aerobic Activities (1) Instruction and practice in basic aerobic activities. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 125 Weight Training (1 Credits)

Weight Training (1) Introductory course in the correct use of weights in body development. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 127 Foundations I (3 Credits)

Foundations I (3) Basic foundations in human performance, including historical development, philosophical implication, and issues related to movement. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 128 Tae Kwon-Do I (2 Credits)

Tae Kwon-Do I (1) Fundamental offensive and defensive techniques used in Tae Kwon-Do. Student abilities assessed in relation to the technical and physical requirements of the martial arts. Meditation and mental discipline introduced. Two hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 211 Individual Sports & Activities (1 Credits)

Individual/Dual Sports and Activities I (1) Theory, rules, and practice of archery, bowling, dance, weight training, and gymnastics/tumbling. Three hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 212 Individual Sports & Activities (1 Credits)

Individual/Dual Sports and Activities II (1) Theory, rules, and practice of track and field, swimming, badminton, wrestling, tennis, golf, and cycling. Three hours of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 233 Foundations II (3 Credits)

Foundations II (3) Continued study of the principles of human performance, including an overview of the status and scope of modern performance programs, activities for children of various ages, and assessment of skills. Three hours of lecture per week. Prerequisite: PE 127.

Prerequisite(s): PE 127

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 235 Intro To Adaptive P E (3 Credits)

Introduction to Adapted Physical Education (3) Study of the general organization of programs and exercises for the handicapped. Recreational sports, aquatic skills, and planning procedures included. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 300 Athletic Training Practicum I (2 Credits)

Athletic Training Practicum/Seminar I (3) Theories and techniques of athletic training and their applications to practical and on-field situations. Students also explore current issues that impact professional practices. Two hours of lecture/laboratory per week. Athletic Training majors only

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 301 Athletic Training Practicum II (2 Credits)

Athletic Training Practicum II (3) Advanced theories and techniques of athletic training and their applications to practical and onfield situations. Students also explore current issues that impact professional practices. Two hours of lecture/laboratory per week. Prerequisite: PE 300.

Prerequisite(s): PE 300

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 302 Phys Fitness Progs Elem & Sec (3 Credits)

Physical Fitness Programs for Elementary and Secondary Schools (3) Study and practice of fitness activities and the effects of exercise upon systems of the body. Two hours of lecture and one hour of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 324 Advanced Swimming (2 Credits)

Advanced Swimming (2) Completion of requirements for the Red Cross Water Safety Instructor's Certificate. Two hours of laboratory per week. Prerequisite: Current Red Cross Senior Life Saving Certificate.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 327 Advanced Gymnastics (2 Credits)

Advanced Gymnastics (2) Theory and practice in performing pyramid building, stunts, and apparatus activities. Two hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 331 Performance Practicum Edu (3 Credits)

Performance Practicum (3) Techniques and theories of sports activities and their applications to practical situations. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 332 Coach & Offic Sp Acts Sec Sch (3 Credits)

Coaching and Officiating Sports Activities for Secondary Schools (3) Study of coaching strategies, techniques, and theories of selected sports activities in secondary schools. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 334 Sports & Entertainment Mgmt (3 Credits)

Coaching and Officiating of Baseball and Track (3) Study of theory, strategy, and mechanics of coaching baseball and track. Emphasis placed on designing coaching strategies. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 335 Admin Intramural Athletics (3 Credits)

Administration of Intramural Sports (3) Techniques for organizing, directing, and supervising intramural programs of sports activities. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 336 Org & Admin Phy Edu (3 Credits)

Organization and Administration of Physical Education (3) Emphasis on the organization and administration of physical education programs in elementary and secondary schools. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 337 Mov Skill Dev Elem - Pe Elem (3 Credits)

Movement Skill Development at the Elementary Level - The P.E. Programs in the Elementary School (3) Principles of and activities for movement education and sports related skills at the elementary school level. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 338 Prin & Tech Outdoor&Elis Acts (3 Credits)

Principles and Techniques for Outdoor and Leisure Activities (3) Discussion of techniques and skills required for outdoor and leisure activities. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 339 Fundamentals Of Movement (3 Credits)

Advanced Techniques, Skills, and Rules for Sports Activities - Fundamentals of Movement (3) Techniques, skills, and rules of sports activities. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 370 Athletic Training I (3 Credits)

Athletic Training I (3) Determination of and management study of athletic injuries. Two hours of lecture and one hour of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 371 Advanced Athletic Training (3 Credits)

Athletic Training II (3) Fundamental principles and methods for preliminary diagnosis of athletic injuries, including choice of initial treatment and rehabilitation procedures. Two hours of lecture and one hour of laboratory per week. Prerequisite: PE 370.

Prerequisite(s): PE 370

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 372 Therapeutic Exercise Modals (3 Credits)

Therapeutic Exercise Modalities (3) Study of the use, selection, and application of therapeutic modalities in the rehabilitation of athletic injuries. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 373 Managerial Comm & Media Rel (3 Credits)

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 374 Sociology Of Sports (3 Credits)

Sociology of Sports (3) Sports and their impact on American society; social organization from play to professional sports; violence; discrimination; women in sports; socialization implications from participation in sports. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 376 History in Sports Governance (3 Credits)

College/School: College Of Education

Department: (R)DeptHlth,PhysEdu&Rec

PE 378 Ind Dev & Motor Learning (3 Credits)

Individual Development and Motor Learning (3) Study of the nature of learning factors that affect motor learning and individual development at various skill levels. Two hours of lecture and one hour of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 379 Prog Event and Facility Mgmt (3 Credits)

Facilities and Equipment Management (3) Discussion of skills and logistics necessary for management of sports facilities and related equipment. Three hours of lecture per week. Offered as needed.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 399 Physical Ed Seminar (2 Credits)

Physical Education Seminar (2) Issues and applications of organizational and administrative principles of physical education. Two hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 432 Rhymes & Games Elem Sch Teaches (3 Credits)

Rhythms and Games for Elementary School Teachers (3) Planning and execution of acceptable programs of physical education through the use of rhythmic and sports activities for the elementary grade levels. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 433 Problems in Urban Rec Sports (3 Credits)

Current Problems in Physical Education (3) Study of selected current problems and trends in physical education. Three hours of lecture per week. Offered as needed.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 434 Administration of Athletics (3 Credits)

Administration of Athletics (3) Implementation and evaluation of athletic programs in secondary schools. Three hours of lecture per week. Offered as needed.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 435 Tests Measurements (3 Credits)

Tests and Measurements (3) Theory of measurements in physical education and recreation; selection of appropriate tests; and interpretation of test results through statistical procedures. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 436 Sports Ethics and The Law (3 Credits)

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 437 Kinesiology (3 Credits)

Kinesiology (3) Scientific study of the skeletal muscles and human movement. Two hours of lecture and one hour of laboratory per week. Prerequisite: BIOL 245.

Prerequisite(s): BIOL 245

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 438 Physiology Of Exercise (3 Credits)

Physiology of Exercise (3) Study of the effects of exercise upon the systems and organs of the body. Skill, endurance, fatigue, training, and other factors considered as they affect performance. Two hours of lecture and one hour of laboratory per week. Prerequisites: BIOL 245 and PE 437.

Prerequisite(s): BIOL 245

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 439 Independent Study (3 Credits)

Independent Study (3) Research and/or field work on selected projects or topics. Prerequisite: Consent of Faculty Advisor or Faculty Chair.

College/School: College Of Education

Department: Dept of Health & Kinesiology

PE 499 Supervised Ind Wk/Research Ath (6 Credits)

Supervised Individual Work/Research in Athletic Training (6) Directed internship with local sports medicine facilities or programs that include close supervision and seminars. Emphasis on improving professional competency in students and assisting to relate theory to practice. One hour of lecture and five hours of laboratory per week. Prerequisite: Senior standing. Athletic Training majors only

College/School: College Of Education

Department: Dept of Health & Kinesiology

Kinesiology

KIN 127 Foundations I (3 Credits)

Foundations I (3) Basic foundations in human performance, including historical development, philosophical implication, and issues related to movement. Three hours of lecture per week. Listed as PHED 1301 in the Texas Common Course Numbering System.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 211 Individual Sports & Activities (1 Credits)

Individual/Dual Sports and Activities I (1) Theory, rules, and practice of archery, bowling, dance, weight training, and gymnastics/tumbling. Three hours of laboratory per week. MAJORS ONLY

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 212 Individual Sports/ActivitiesII (1 Credits)

Individual/Dual Sports and Activities II (1) Theory, rules, and practice of concentration and field, swimming, badminton, wrestling, tennis, golf, and cycling. Three hours of laboratory per week. MAJORS ONLY

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 233 Foundations II (3 Credits)

Foundations II (3) Continued study of the principles of human performance, including an overview of the status and scope of modern performance programs, activities for children of various ages, and assessment of skills. Three hours of lecture per week. Prerequisite: PE 127.

Prerequisite(s): KIN 127 or PE 127

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 235 Intro to Adapted Physical Ed (3 Credits)

Introduction to Adapted Physical Education (3) Study of the general organization of programs and exercises for the handicapped. Recreational sports, aquatic skills, and planning procedures included. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 300 Athletic Training Pract/Sem (3 Credits)

Athletic Training Practicum/Seminar I (3) Theories and techniques of athletic training and their applications to practical and on-field situations. Students also explore current issues that impact professional practices. Two hours of lecture and one hour of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 301 Athletic Training Pract II (2 Credits)

Athletic Training Practicum II (3) Advanced theories and techniques of athletic training and their applications to practical and on-field situations. Students also explore current issues that impact professional practices. Two hours of lecture and one hour of laboratory per week.

Prerequisite(s): KIN 300 or PE 300

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 302 Phys Fitness Progs Elem & Sec (3 Credits)

Physical Fitness Programs for Elementary and Secondary Schools (3) Study and practice of fitness activities and the effects of exercise upon systems of the body. Two hours of lecture and one hour of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 324 Advanced Swimming (2 Credits)

Advanced Swimming (2) Completion of requirements for the Red Cross Water Safety Instructor's Certificate. Two hours of laboratory per week. Prerequisite: Current Red Cross Senior Life Saving Certificate.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 327 Advanced Gymnastics (2 Credits)

Advanced Gymnastics (2) Theory and practice in performing pyramid building, stunts, and apparatus activities. Two hours of lecture per week

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 331 Performance Practicum (3 Credits)

Performance Practicum (3) Techniques and theories of sports activities and their applications to practical situations. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 332 Coach & Office Acts Sec SCH (3 Credits)

Coaching and Officiating Sports Activities for Secondary Schools (3) Study of coaching strategies, techniques, and theories of selected sports activities in secondary schools. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 334 Sports & Entertainment Mgmt (3 Credits)

Coaching and Officiating of Baseball and Concentration (3) Study of theory, strategy, and mechanics of coaching baseball and concentration. Emphasis placed on designing coaching strategies. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 335 Admin Intramural Athletics (3 Credits)

Administration of Intramural Sports (3) Techniques for organizing, directing, and supervising intramural programs of sports activities. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 336 Org & Admin Phy Edu (3 Credits)

Organization and Administration of Physical Education (3) Emphasis on the organization and administration of physical education programs in elementary and secondary schools. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 337 Mov Skill Dev Elem - Pe Elem (3 Credits)

Movement Skill Development at the Elementary Level - (3) Te PE Program in the Elementary School Principles of and activities for movement education and sports related skills at the elementary school level. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 338 Prin & Tech Outdoor&Elis Acts (3 Credits)

Principles and Techniques for Outdoor and Leisure Activities (3) Discussion of techniques and skills required for outdoor and leisure sports. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 339 Fundamentals Of Movement (3 Credits)

Advanced Techniques, Skills, and Rules for Sports Activities - (3) Fundamentals of Movement Techniques, skills, and rules of sports activities. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 370 Athletic Training I (3 Credits)

Athletic Training I (3) Demonstration and management study of athletic injuries. Two hours of lecture and one hour of laboratory per week. Athletic Training Majors Only

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 371 Advanced Athletic Training (3 Credits)

Athletic Training II (3) Fundamental principles and methods for preliminary diagnosis of athletic injuries, including choice of initial treatment and rehabilitation procedures. Two hours of lecture and one hour of laboratory per week. Prerequisite: PE 370. Athletic Training Majors Only

Prerequisite(s): KIN 370 or PE 370

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 372 Therapeutic Exercise Modals (3 Credits)

Therapeutic Exercise Modalities (3) Study of the use, selection, and application of therapeutic modalities in the rehabilitation of athletic injuries. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 374 Sociology Of Sports (3 Credits)

Sociology of Sports (3) Sports and their impact on American society; social organization from play to professional sports; violence; discrimination; women in sports; socialization and implications from participation in sports. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 376 History in Sports Governance (3 Credits)

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 378 Ind Dev & Motor Learning (3 Credits)

Individual Development and Motor Learning (3) Study of the nature of learning factors that affect motor learning and individual development at various skill levels. Two hours of lecture and one hour of laboratory per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 379 Prog Event and Facility Mgmt (3 Credits)

Facilities and Equipment Management (3) Discussion of skills and logistics necessary for management of sports facilities and related equipment. Three hours of lecture per week. Offered as needed.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 399 Physical Ed Seminar (2 Credits)

Physical Education Seminar (2) Issues and application of organizational and administrative principles of physical education. Two hours of lecture per week. Majors only. Prerequisite: Junior standing.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 432 Rhymes & Games Elem Sch Teachs (3 Credits)

Rhythms and Games for Elementary School Teachers (3) Planning and execution of acceptable programs of physical education through the use of rhythmic and sports activities for the elementary grade level. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 433 Problems in Urban Rec Sports (3 Credits)

Current Problems in Physical Education (3) Study of selected problems and trends in physical education. Three hours of lecture per week. Prerequisite: Junior standing.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 434 Administration of Athletics (3 Credits)

Administration of Athletics (3) Implementation and evaluation of athletic programs in secondary schools. Three hours of lecture per week. Offered as needed.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 435 Tests & Measurements (3 Credits)

Tests and Measurements (3) Theory of measurements in physical education and recreation; selection of appropriate tests; and interpretation of test results through statistical procedures. Three hours of lecture per week. Prerequisite: Junior standing.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 437 Kinesiology (3 Credits)

Kinesiology (3) Scientific study of the skeletal muscles and human movement. Two hours of lecture and one hour of laboratory per week.

Prerequisite: BIOL 245. Prerequisite: Junior standing

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 438 Physiology of Exercise I (3 Credits)

Physiology of Exercise (3) Study of the effects of exercise upon the systems and organs of the body. Skill, endurance, fatigue, training, and other factors considered as they affect performance. Two hours of lecture and one hour of laboratory per week. Prerequisite: BIOL 245. Prerequisite: Junior standing.

Prerequisite(s): BIOL 245

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 439 Independent Study (3 Credits)

Independent Study (3) Research and/or field work on selected projects or topics. Prerequisite: Consent of Advisor or Faculty Chair.

College/School: College Of Education

Department: Dept of Health & Kinesiology

KIN 499 Supervised Ind Wk/Research Ath (6 Credits)

Supervised Individual Work/Research in Kinesiology (6) Directed internship with local sports medicine facilities or programs that includes close supervision and seminars. Emphasis on improving professional competency in students and assisting to relate theory to practice. One hour of lecture and five hours of laboratory per week. Prerequisite: Senior standing. Human Performance and Athletic Training majors only

College/School: College Of Education

Department: Dept of Health & Kinesiology

Recreation & Leisure Studies

REC 234 Foundation Rec Parks & Leisure (3 Credits)

Foundations of Recreation, Parks and Leisure Services (3) This course is an introduction to the recreation, parks and leisure profession including the history of recreation, parks and leisure services. Orientation to the variety of services including their settings, services and organization; relationship to public, private or governmental agencies. An overview of career opportunities in the field. Trends in services to various populations. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

REC 332 Aquatics Facility Mgmt & Water (3 Credits)

Aquatic Facility Management and Waterfront Facility Operations (3) This course is a capstone course intended to provide a bridge from theory to professional practice. Integrates students' learning experiences from their core classes into their professional goals. Students explore their approaches to lifelong learning and make connections as to how a liberal arts background can facilitate currency and relevancy in professional practice and life. Determining a career direction, assuming professional roles and performing actual job responsibilities in a global and diverse world are emphasized. As students prepare for entry into the leisure, sport or wellness profession they are exposed to and practice steps in making decisions with a focus on promoting sound and ethical judgment to create a common good. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

REC 333 Leisure Studs Human Diversity (3 Credits)

Leisure Studies: Human Diversity and the Environment (3) This course provides a comprehensive overview of the role of leisure in contemporary society. Sociological, economic, psychological and environmental implications of leisure are explored with diverse groups. Societal and lifestyle changes are discussed with a multicultural focus and in relation to their impact on the future of leisure. Personal leisure lifestyles are reviewed and discussed. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

REC 335 Prog & Promotions in Rec Park (3 Credits)

Programming and Promotions in Recreation, Parks and Leisure Services (3) This course analyzes the fundamentals of program planning using techniques of identifying and analyzing program activity areas; content includes program development and application with a variety of population groups and representative leisure service agencies. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

REC 373 Hist & Philosophy Rec Park (3 Credits)

History and Philosophy of Recreation and Leisure Studies (3) This course reviews the historical and theoretical foundations, nature, and significance of recreation and leisure in contemporary society; current trends and prospects for the future. Survey of agencies, organizations, and programs in the leisure service field and the recreation profession. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

REC 379 Facility Planng & Maintenance (3 Credits)

Facility Planning and Maintaining Recreation, Park, Leisure Areas and Sport Facilities (3) This course examines the contemporary issues and related administrative practices associated with managing human resources in leisure services. Includes: basic elements, procedures and processes involved in planning, designing, developing and maintaining recreation, park, leisure and sport facilities and areas. Students assess and evaluate existing facilities and areas in terms of functionality, access standards and maintenance operations. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

REC 399 Prof Development Capstone (2 Credits)

Professional Development and Capstone Experience in Recreation and Leisure, Sport and Wellness Related Professions (2) This course analyzes the fundamentals of program planning using techniques of identifying and analyzing program activity areas; content includes program development and application with a variety of population groups and representative leisure service agencies. Two hours of lecture per week. Majors only. Prerequisite: Junior standing.

College/School: College Of Education

Department: Dept of Health & Kinesiology

REC 434 Mmg in Rec Sport and Leisure (3 Credits)

Management in Recreation, Sport and Leisure Services (3) This course is an introduction to basic concepts of organization, administration, and supervision of leisure service agencies. Application to recreation, parks, sports and leisure agencies is stressed. The administrative functions covered include personnel management, budgets, finance, resource planning, public relations, evaluation, legal issues, policy development, and problem-solving techniques. Essential elements of management systems are reviewed. Emphasizes human resource management and the employment process, personnel policies and procedures, legal issues, supervision, performance appraisal, and technological tools. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

REC 476 Therapeutic Rec Interven (3 Credits)

Therapeutic Recreation, Therapeutic Activity Intervention and Aging (3) This course delivers an in-depth study of support and delivery systems, desirable practices of therapeutic recreation and of concepts associated with the practice of therapeutic recreation, including history, philosophy, professional development and medical terminology, as well as characteristics of illness, disease and disability. Overview of the process of therapeutic recreation, including assessing, planning, implementing and evaluating. Emphasis is on age-related illness, disease, disability and therapeutic activity intervention. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

REC 499 Internship: Rec Park & Leisure (6 Credits)

Supervised Internship in Recreation, Parks and Leisure Services (6) Directed internship with local sports medicine facilities or programs that includes close supervision and seminars. Emphasis on improving professional competency in students and assisting to relate theory to practice. One hour of lecture and five hours of laboratory per week. Prerequisite: Senior standing. Recreation majors only

College/School: College Of Education

Department: Dept of Health & Kinesiology

Sport Management

SPMT 134 Sport & Entertainment Mgmt (3 Credits)

Sport & Entertainment Management (3) This course is an analysis of effective management strategies and the body of knowledge associated with pursuing a career in sport management. The course will introduce students to the American and World sport and entertainment enterprise; background, influences and trends; intercollegiate, collegiate and professional sport organizations; ownership and unionization; media portrayals. Emphasis will be placed on an introduction to the sport and entertainment management industry career fields. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

SPMT 135 Sport Marketing & Promotions (3 Credits)

Sport Marketing & Promotions (3) This course will include the application of marketing principles and concepts in the sports industry. It includes sponsorships, branding, promotions, public relations, licensing, and sports consumer research and behavior. Emphasis will include the foundations of consumer behavior and sport marketing planning. The course includes reviewing the design and implementation of marketing plans for the integration of product, pricing, promotion, distribution, sales, sponsorship, and advertising of sport goods and services. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

SPMT 176 Intro to SPMT HBCU Athletic (3 Credits)

This course provides an introduction to and review of the history of the HBCU (Black College Sports) and Texas Southern University, Specifically, the history of the Black Institutions and the formation of conferences (i.e. the four founding conferences: CIAA, SIAC, MWAC, and SWAC). The role (HBCUs) Black Colleges Sports play in Texas.

College/School: College Of Education

Department: Dept of Health & Kinesiology

SPMT 273 Mngl Com & Media Rtl in Sports (3 Credits)

Managerial Communication & Media Relations in Sport (3) This course is designed to explore the different types of communication in sport programs and how they are organized and administered at the school, community and professional levels. It will also explore the communication process in management of intramural, recreation, sport and health club programs. The course focuses on the skills, techniques, practices and issues related to the field of public relations, as well as the methods of critical analysis regarding public relations campaigns and the media production of an event (conference, game or tournament). Prerequisites: ENG 131 AND ENG 132.

Prerequisite(s): (ENG 131 and ENG 132)

College/School: College Of Education

Department: Dept of Health & Kinesiology

SPMT 279 Sport Prg Evt & Facility MGMT (3 Credits)

SPMT 279 Sport Program Events & Facility Management (3) This course provides students with an understanding of the intricacy and complexity involved in sport program event and facility management. Sport facility management includes a variety of activities such as planning and designing a sports facility, staff management, facility marketing, developing revenue streams, and facility scheduling and operating. Sport program event management consists of identifying goals of the event and coordinating people in the organizations involved to achieve those goals with the resources available. Three hours of lecture per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

SPMT 332 Sports Ethics and The Law (3 Credits)

Sports, Ethics and the Law (3) This course will explore the ethics and legal principles and rules of law affecting the administration of sports and recreation programs. Emphasis will be placed in the areas of negligence, product liability, nuisance, contracts, leisure, personnel practices, and risk management. Students are given opportunities to identify, examine, and present decisions on ethics issues related to sport and sport management. Theories of ethics, concepts of morality, codes of conduct, as well as personal philosophies in regard to social responsibility are some of the topics included in this course. Three hours of lecture per week. Prerequisites: SPMT 134 AND SPMT 273.

College/School: College Of Education

Department: Dept of Health & Kinesiology

SPMT 333 Problems in Rec & Sports (3 Credits)

Problems in Urban Recreation & Sports (3) This course provides an in-depth analysis of the causes and consequences of contemporary problems in urban sports with a focus on minorities. Students will utilize the case-study approach to examine the social, political, and economic factors influencing the structure and experience of sport in American cities. Emphasis will be placed on formulating solutions and potential strategies to address identified problems. This course focuses on sports as social and cultural phenomena. Students will learn to use sociological concepts and critical thinking to discover how sports affect multiple spheres of our social life, particularly in African American and other minority communities. Three hours of lecture per week. Prerequisites: SPMT 134 AND SPMT 273.

College/School: College Of Education

Department: Dept of Health & Kinesiology

SPMT 374 Special Topics in Sport Management (3 Credits)

The program in Sport Management wanted the rubric to be competitive with other institutions of higher learning in State of Texas with sport management, sport studies, exercise science and sport science rubrics and courses.

College/School: School of Communication

Department: Dept of Health & Kinesiology

SPMT 378 History of African American Entrepreneurship and the Connection Between Music & Sports (3 Credits)

This course will explore fully the circumstance of African American entrepreneurial history in of African America. This course will seek to create an environment for students to identify the racialized circumstance and arguments for bogus claims of African American failure in business, while providing the context of entrepreneurship, contracting, consulting and branding, specifically in the field of music and sports regarding the historical impact by African Americans. This course will also focus on important aspects in the contemporary political and social economy of African Americans. In exploring this entrepreneurial history, this course will provide the basic framework for understanding the research on innovation and best practices in entrepreneurship moving forward.

College/School: College Of Education

Department: Dept of Health & Kinesiology

SPMT 399 Sports Management Seminar (2 Credits)

Sport Management Seminar (2) This course will explore the issues and applications of organizational and administrative principles of sport management. This is a capstone course that provides an opportunity for students to demonstrate that they have achieved the goals for learning established by this educational institution and department. Includes the opportunity to integrate and apply learning from the sport management program in a comprehensive manner. Two hours of lecture per week.

Majors only. Prerequisite: Junior standing.

College/School: College Of Education

Department: Dept of Health & Kinesiology

SPMT 434 Admin of Athletics Org (3 Credits)

Administration of Athletics in Organizations (3) This course examines a philosophic rationale and a variety of methods that may be used to assess athletic programs and personnel. The course takes a unique view on the management of urban intercollegiate schools and HBCUs. The goals of this program are to improve the performance of athletic coaches and other athletic department personnel, improve program operations and improve satisfaction among players, parents and employees. Three hours of lecture per week. Prerequisites: SPMT 273 AND SPMT 332.

College/School: College Of Education

Department: Dept of Health & Kinesiology

SPMT 476 Hist Sport Gov African Diaspo (3 Credits)

History of Sport Governance, African Diaspora & Black Colleges (HBCU) in Sports (3) This course examines sports sociology in a global, issues-oriented approach to study the role of sport in society and the African American culture of sports. It encourages the discussion of current sports-related issues and controversies as well as helps students develop critical thinking skills. It reviews the history of the African Diaspora in Sports and Black College Sports, specifically the history of the SWAC and the role Black College (HBCU) Sports play in Texas. Three hours of lecture per week. Prerequisite: SPMT 333.

Prerequisite(s): (SPMT 333)

College/School: College Of Education

Department: Dept of Health & Kinesiology

SPMT 496 Sport Management way/Study Abroad I (1 Credits)

This course will provide students an examination of the principles involved in planning and managing external remote sporting events outside of Houston and Texas Southern University and managing external. It provides student with orientation, observations and field experiences in the development of external remote sporting events. Student will also partake in tours, hospitality management, and external remote sporting events related to core product of the sporting competitions themselves. 1 credit course.

College/School: College Of Education

Department: Dept of Health & Kinesiology

SPMT 497 Sport Management Study/Away/Study Abroad II (1 Credits)

This course will provide students an examination of the principles involved in planning and managing external remote sporting events outside of Houston and Texas Southern University and managing external. It provides student with orientation, observations and field experiences in the development of external remote sporting events. Student will also partake in tours, hospitality management, and external remote sporting events related to core product of the sporting competitions themselves. 1 credit course.

College/School: College Of Education

Department: Dept of Health & Kinesiology

SPMT 498 Global Sport Culture & Leaders (3 Credits)

This course will explore sport within several countries and the globalization of sport. Students will meet with and learn from entrepreneurs, managers, administrators, and leaders in sport business areas of marketing, operations, management, law and others. This course will provide application for the development of skills necessary to be an effective and efficient leader regarding communication, motivation and corporate decision making in sport. 3 hours per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology

SPMT 499 Sport Mgmt Capstone (6 Credits)

The capstone course for the sport management majors integrates previously presented principles into practice. Students will complete a capstone project culminating in a project, paper, and presentation. The project will incorporate the various functions covered throughout the program: sports history, sport administration and leadership theory, sport marketing, sport finance, sport law, sport finance, sport law, sport communication, and sport public relations. Pre-requisite: senior status or permission of the departmental chair. 3 hours per week.

College/School: College Of Education

Department: Dept of Health & Kinesiology