# HEALTH STUDIES, BACHELOR OF SCIENCE OPTION I - TEACHER CERTIFICATION

The University Core Curriculum is the same across all undergraduate bachelor's programs. Please consult the academic advisor for your designated major before selecting courses in this area.

#### **Summary**

| Code                                     | Title                                | Hours |
|--|--------------------------------------|-------|
| General Education Core Curriculum (p. 1) |                                      | 42    |
| General Edi                              | ucation Core TCCNS Equivalent (p. 1) |       |
| Major Requirements (p. 1)                |                                      | 54    |
| Professional Development (p. 1)          |                                      | 24    |
| Total Hours                              | 3                                    | 120   |

## General Education Core Curriculum (Standard) 1

| Code                         | Title                        | Hours |
|------------------------------|------------------------------|-------|
| Communication                |                              |       |
| ENGL 1301                    | Freshman English I           | 3     |
| ENGL 1302                    | Freshman English II          | 3     |
| Mathematics                  |                              |       |
| MATH 1314                    | College Algebra              | 3     |
| Life and Physical            | Sciences                     |       |
| BIOL 1308                    | Survey of Life Science       | 3     |
| BIOL 2301                    | Human Anat & Phys I          | 3     |
| Language, Philos             | ophy, and Culture            |       |
| ENGL 2332                    | World Literature I           | 3     |
| <b>Creative Arts</b>         |                              |       |
| MUSI 1315                    | Fine Arts In Daily Living    | 3     |
| American History             |                              |       |
| HIST 1301                    | Soc & Pol Hist US to 1877    | 3     |
| HIST 1302                    | Soc & Pol Hist US Since 1877 | 3     |
| Government/Political Science |                              |       |
| POLS 2305                    | American Government          | 3     |
| POLS 2306                    | Texas Government             | 3     |
| Social and Behav             | ioral Sciences               |       |
| PSYC 2301                    | General Psychology           | 3     |
| Institutional Option         | ons                          |       |
| COMM 1321                    | Business & Professional Comm | 3     |
| or COMM 1315                 | 5 Public Address             |       |
| EDCI 2310                    | Ins Tec                      | 3     |
| Total Hours                  |                              | 42    |

## General Education Core Curriculum (TCCNS Equivalent) Major (Health Studies)

| •                      | •                                       |       |
|------------------------|---|-------|
| Code                   | Title                                   | Hours |
| HED 223                | Basic C P R                             | 2     |
| HED 233                | History & Principles of Health          | 2     |
| HED 234                | Hlth & Biolfuncs                        | 3     |
| HED 333                | Emergency and Care of Injuries          | 3     |
| HED 335                | Problems In Community Hygiene           | 3     |
| HED 336                | Organ Admin Of Hlth Progms              | 3     |
| HED 339                | Diseases & Consumer Health              | 3     |
| HED 399                | Health Seminar                          | 2     |
| HED 340                | Epidemiology                            | 3     |
| HED 432                | Fitness For Living                      | 3     |
| HED 433                | Personal Health & Safety I              | 3     |
| HED 434                | Mental Health                           | 3     |
| HED 436                | Hygiene Of The School Child             | 3     |
| HED 471                | Drugs and Health                        | 3     |
| HED 477                | Human Sexuality                         | 3     |
| KIN 437                | Kinesiology                             | 3     |
| or KIN 438             | Physiology of Exercise I                |       |
| <b>Cognate Courses</b> |   |       |
| FS 102                 | Freshman Seminar/ first Year Experience | 1     |
| PE 107                 | Walk Jog Fitness Appraisal              | 1     |
| PE 122                 | Aerobic Activity                        | 1     |
| KIN 331                | Performance Practicum                   | 3     |
| GEOG 1303              | World Regional Geography                | 3     |
| Total Hours            |   | 54    |

### **Professional Development**

| Code        | Title                          | Hours |
|-------------|--------------------------------|-------|
| EDCI 310    | Field Based I Perf Focus Tchng | 3     |
| EDCI 339    | Classrm Mngt                   | 3     |
| EDCI 328    | Field Based -II Perf Focus Tch | 3     |
| EDCI 350    | Desgng & Implg Inst/Assessment | 3     |
| RDG 401     | Div Pop                        | 3     |
| EDCI 468    | DIR STU TCH ALL LEVELS         | 6     |
| EDCI 404    | Cert Sem                       | 3     |
| Total Hours |                                | 24    |

Students should be advised by a major advisor prior to registering for any credit, particularly any core curriculum credit as listed.

| Course                    | Title   | Hours |
|---------------------------|---|-------|
| First Year                |   |       |
| First Semester            |   |       |
| COMM 1321<br>or COMM 1315 | Business & Professional Comm<br>or Public Address | 3     |
| FS 102                    | Freshman Seminar/ first Year Experience           | 1     |
| BIOL 1308                 | Survey of Life Science                            | 3     |
| ENGL 1301                 | Freshman English I                                | 3     |

| HED 233         | History & Principles of Health | 2  |
|-----------------|--------------------------------|----|
| MATH 1314       | College Algebra                | 3  |
| WATTI 1314      | Hours                          | 15 |
| Second Semester |                                | 13 |
| ENGL 1302       | Freshman English II            | 3  |
| HIST 1301       | Soc & Pol Hist US to 1877      | 3  |
| POLS 2305       | American Government            | 3  |
| MUSI 1315       | Fine Arts In Daily Living      | 3  |
| PSYC 2301       | General Psychology             | 3  |
| HED 223         | Basic C P R                    | 2  |
| HED 223         | Hours                          | 17 |
| Second Year     | nours                          | 17 |
| Third Semester  |                                |    |
|                 |                                | 2  |
| ENG 2XX         | Llumana Amak C Dhua I          | 3  |
| BIOL 2301       | Human Anat & Phys I            | 3  |
| HED 234         | HIth & Biolfuncs               | 3  |
| GEOG 1303       | World Regional Geography       | 3  |
| PE 122          | Aerobic Activity               | 1  |
|                 | Hours                          | 13 |
| Fourth Semester |                                |    |
| HIST 1302       | Soc & Pol Hist US Since 1877   | 3  |
| POLS 2306       | Texas Government               | 3  |
| HED 333         | Emergency and Care of Injuries | 3  |
| HED 336         | Organ Admin Of Hlth Progms     | 3  |
| EDCI 2310       | Ins Tec                        | 3  |
| Thinky          | Hours                          | 15 |
| Third Year      |                                |    |
| Fifth Semester  |                                |    |
| HED 335         | Problems In Community Hygiene  | 3  |
| HED 340         | Epidemiology                   | 3  |
| KIN 331         | Performance Practicum          | 3  |
| HED 399         | Health Seminar                 | 2  |
| EDCI 404        | Cert Sem                       | 3  |
| HED 433         | Personal Health & Safety I     | 3  |
|                 | Hours                          | 17 |
| Sixth Semester  |                                |    |
| HED 432         | Fitness For Living             | 3  |
| HED 339         | Diseases & Consumer Health     | 3  |
| EDCI 310        | Field Based I Perf Focus Tchng | 3  |
| EDCI 339        | Classrm Mngt                   | 3  |
| KIN 437         | Kinesiology                    | 3  |
| or KIN 438      | or Physiology of Exercise I    | 3  |
| PE 107          | Walk Jog Fitness Appraisal     | 1  |
| Front V         | Hours                          | 16 |
| Fourth Year     | _                              |    |
| Seventh Semeste | -                              | _  |
| HED 477         | Human Sexuality                | 3  |
| HED 436         | Hygiene Of The School Child    | 3  |
| EDCI 328        | Field Based -II Perf Focus Tch | 3  |
| EDCI 350        | Desgng & Implg Inst/Assessment | 3  |
| RDG 401         | Div Pop                        | 3  |
|                 | Hours                          | 15 |

| Eighth Semes | ter                    |     |
|--------------|------------------------|-----|
| HED 434      | Mental Health          | 3   |
| HED 471      | Drugs and Health       | 3   |
| EDCI 468     | DIR STU TCH ALL LEVELS | 6   |
|              | Hours                  | 12  |
|              | Total Hours            | 120 |